

# Risk And Side effects Of Hemorrhoids Suppositories

**W**e all know that *hemorrhoids* are common medical disorders. Generally, they are not life threatening. However, we should not take for granted the pain along with other discomforts sensed by hemorrhoids sufferers. Fortunately, hemorrhoids symptoms are easy to deal with. Drugs and self-care treatment are readily available in the market as well as most of them are accessible right at your own homes.



## Self-Care is Important in Managing Hemorrhoids

That consists of simple home remedies for hemorrhoids such as sitz baths or hot bath, ice packs applications, herbal teas and home made natural topical creams. These natural remedies are widely used by people who are suffering from hemorrhoids because they are known for their ability to cure hemorrhoids permanently. Moreover, natural remedies are less expensive and no harmful negative effects have been reported as compared to their own synthetic counterparts.

Order to manage the problem effectively, sufferers should consider caution in controlling their signs and symptoms. A number of the precautions that sufferers normally do are: adding fiber in the diet and increasing water intake, regular exercising and as much as possible refrain from straining during *bowel* movements.

- There are lots of over-the-counter oral medicines that you can buy like medicated wipes, creams and suppositories.
- They are available without the prescriptions of the doctors.

However, there is a false impression that over-the-counter medicines are safe and so are harmless to the sufferers. Although doctor's prescriptions are not necessary inside buying these products, we should be aware of some of the risks and also side effects involved with hemorrhoids items.

- Are you aware that suppositories also have its discuss of side effects?
- Well they do!
- Here are some of the side effects of suppositories:

**Rashes** - People, who are suffering from hemorrhoids, are often experiencing distressing rashes. It is not because of the harmful ingredients of these suppositories but their skins are too sensitive as well as the components are too strong for them. If this occurs they should discontinue the use of suppositories.

- Irritation - This is caused by the sensitivity of the skin.
- Discontinue using suppositories right away.
- For this will only cause skin the break point.
- Acne- Some of the consumers of suppositories are afflicted by acne breakage.
- This is caused by oil build up from the suppositories.
- If this occurs, make sure that your skin is always clean to stop infections and to treat acne.



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**High Blood pressure and dizziness**-This is due to the decreased inflammation of the blood vessels causing the blood pressure to rise. This is common indeed frequent in people who are undergoing treatment and therefore are managing their own hemorrhoids signs and symptoms. If you have history of high blood pressure and hyper tension, you must immediately discontinue using suppositories and speak to your doctor as soon as possible.

- Every medicine we all take, we should be well - informed about the product.
- Understanding how it works will certainly work to your advantage.

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