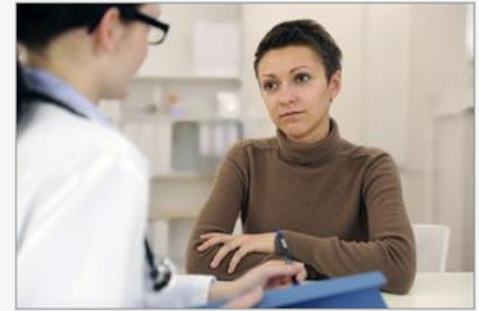


# Some Tried and tested Hemorrhoids Treatment Methods

General, the methods to treating **internal hemorrhoids** are more difficult and more complicated than dealing with those who grow externally. For starters, **external hemorrhoids** can be treated with topical creams, whereas internal **hemorrhoids** can not. More often than not, treating internal **hemorrhoids** call for medical and sometimes, even surgical techniques or methodologies in order to get rid of them for good.

## External Hemorrhoids Has a Lot of Household Solutions

Internal hemorrhoids, though, call for more expensive and more complicated treatment methods. What are the most common and also practical methods to treating internal hemorrhoids, then? Beneath are some of them:



## The Rubber Band Approach

The doctor would utilize a rubber band to make this process work. The rubber band is tightened around the inner hemorrhoid. Doing so will kill off the growth, and when the cells die, the overgrowth will then just naturally drop off. This method can be really painful and can produce bleeding, but then, this beats having to go through your daily life living with hemorrhoids. The good this is that using this method does not involve a lot of risks. As a matter of fact, this is most often said to be "routine" **hemorrhoid treatment** method, and this is highly recommended by many physicians. This action has been put to practice for a long time now as well, thus, lowering risk levels to anything.

- Hemorrhoidopexy.
- Using this method is also known as hemorrhoid stapling.
- This is also a painful method, and this method requires stapling the internal hemorrhoids in place.
- This is the method being used when bleeding is occurring.
- It is a more painful method than the rubber band method, but using this method allows lower room with regard to relapse.

There are still other methods that are being used to for hemorrhoids treatment purposes, of course. Natural remedy for hemorrhoids are usually the best options. If you have inside hemorrhoids and you want to make sure that you go for the best method which will suit your case perfectly, then you need to make sure that you have a firm understanding of the different methods; that is, get to know their similarities and differences. Make sure that you really take note of the risks involved. This is the most crucial part because one method may work for one person but not for another, and the other way round. Making sure that you know the nature of hemorrhoids as well as the techniques to prevent them is also important because, as they all say, prevention is actually way a lot better than looking for a cure.

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